



Figure Painting

Jason Polins

Materials List

For the First class:

Please do not buy a lot of materials at first. I will go over what is needed for the class during the first meeting. In order to get started on the first class, please bring as many items of the first list as possible.

- Burnt Sienna (Windsor & Newton)
- Raw Sienna □
- Viridian (Windsor & Newton)
- Cobalt Blue
- Flake White, Cremnitz White or Titanium White (thick, not oily)
- Windsor&Newton, Bristle Filberts # 2, 4 & 6
- Large palette (18"x24" or larger), 3 rolls of VIVA paper towels (better than Bounty) or lots of rags for wipeouts.
- Gamsol by Gamblin or Odorless mineral spirits in glass container with lid. (Note: Turpentine is NOT ALLOWED at the New Art Center)

Canvases or Panels: Acrylic primed and toned grounds are recommended. Canvas, linen and masonite are all acceptable.

Subsequent classes:

Oil Colors:

1. Burnt Sienna (Winsor & Newton)
2. Crimson Lake Deep Extra (Old Holland) or Alizarin Crimson Permanent (Winsor & Newton) □
3. Permanent Carmine □
4. Quinacridone Magenta
5. Perylene Red (Gamblin) □
6. Quinacridone Red
7. Cadmium Red Deep □
8. Cadmium Red □
9. Cadmium Scarlet □
10. Cadmium Orange □
11. Indian Yellow
12. Raw Sienna □
13. Cadmium Yellow □
14. Cadmium Yellow Light □
15. Cadmium Green Pale □
16. Cadmium Green □
17. Viridian (Winsor & Newton) □
18. Phthalo Green □
19. Phthalo Turquoise □
20. Cerulean Blue □
21. Cobalt Blue □
22. Ultramarine Blue □

23. Dioxazine Purple (Gamblin) □

24. Flake White, Cremnitz White or Titanium White (thick, not oily)

Colors are listed in the order they appear on the palette, from left to right. Unless otherwise noted, the following brands are recommended: Winsor & Newton, Gamblin, Old Holland and Vasari.

Brushes:

Silver Brush brand is recommended. But you may only find Windsor&Newton, □Bristle Filberts # 2, 4 & 6. At least 3 of each size. □

Palette and Rags: Large palette (18"x24" or larger) □3 rolls of VIVA paper towels (better than Bounty) or lots of rags for wipeouts.

Thinner: Gamsol by Gamblin or Odorless mineral spirits in container with lid. (Note: Turpentine is NOT ALLOWED)

Medium: (Note: In container with lid) 2-part Stand Oil (Gamblin), 1-part odorless mineral spirits.

Optional: A baseball cap, visor or hat with a brim can prove useful to reduce glare.

Canvases or Panels: Acrylic primed and toned grounds are recommended. Canvas, linen and masonite are all acceptable.

Canvas Toning Process:

On 16" x 20" pre-stretched pre-primed canvas, one to two coats of Golden Acrylic N6 Neutral Gray paint diluted with water should be applied to the surface with a brush. The mixture ratio is approximately one part water to two parts paint. To apply the tone, first cover the entire surface of the canvas with the mixture using a 2 or 3 inch wide brush. When the surface is completely covered make sure the paint surface is smooth by lightly dragging the brush through the paint from one edge to the other across the entire surface. The finished canvas should have a uniformly smooth gray finish. If the first coat did not cover sufficiently then a second coat of the diluted N6 Neutral Gray toning mixture should be applied. Be careful to not apply the paint too thickly because it reduces the absorbency of the canvas and it makes it harder to apply the paint evenly.